



GS foods pricelist

Specialist food for the independent retailer

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Many years of running a deli in South London has now led me to become an importer and distributor of some of the “**great**” foods from around the Mediterranean.
Sourcing foods from **Italy, Spain, Greece** and bringing them to your “**Deli Door.**”

“What we do”?

- Olives. Pestos. Artichokes. Semi Dried Tomatoes. Gherkins. Onions.
- Aubergines. Peppers. Mushrooms. Garlic.
- Vine Leaves. Gigante Beans. Aubergine Imam.
- Ventricina. Soppressa. Finocchiona. Felino. Bresola. Milano. Pancetta.
- Napoli. Pastrami. Cacciatore. San Daniele. Parma Riserva. Arosto Erbe.
- Parmesan. Tallegio. Buffalo Mozzarella. Alderton Ham. Pate.
- Pasta. Olive Oil. Balsamic Vinegar. Smoked Salmon.

“What we believe in”?

- “Slow Food”
- We are constantly searching for the specialist producers that are slowly maturing their own foods over months and sometimes years to achieve their optimum condition, whether it be a Ham from Spain an Olive from Greece or a piece of cheese from Italy.
- We follow the “Slow Food” movement: www.slowfood.com

“What we do best”?

- Excellent products
- Fantastic friendly service
- No minimum order
- Delivered to you with care
- Chill van distribution
- Weekly deliveries

“What more do you need”?

Local? yes we are, from Bristol to Brighton to Leicester and back to Tisbury.

Tisbury in South Wiltshire is our Office and “chilled base” for drivers and deliveries so we are never far away if you need something in a hurry.

Please look through the enclosed product list, if you would like to place an order, talk to us, or try samples of any of the products do not hesitate to call.

Simon Richardson

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Olives marinated	size	price/tub
Queen Green pitted Olives (Bosciaola) Large green queen pitted olives in a herb marinade.	3 kg	£19.50
Whole Black Olives (Rustica) Large marinated whole black olives	3 kg	£19.50
Marinated Black Pitted Olives with Herbs (Paesana) Marinated black pitted olives with thyme and rosemary	3 kg	£19.50
Black and Green Mixed Pitted Marinated mixed black and green olives	3 kg	£19.50
Black Dried Pitted Olives Classic dried black pitted olives	2 kg	£19.50
Kalamata Olives Classic pitted kalamata in a marinade	3 kg	£24.00
Olives stuffed	size	price/tub
Almond Stuffed Green Queen Olives Green pitted olives stuffed with Almond	3 kg	£24.00
Garlic Stuffed Olives Pitted green olives stuffed with a clove of garlic	3 kg	£24.00
Spicy Cocktail Olives Marinated stuffed Olives with Piri-Piri and Jalapeno Peppers	3 kg	£24.00
Lemon stuffed Olives Large green Queen olives stuffed with lemon	3 kg	£26.00
Pepper Stuffed Olives Large green olives stuffed with red peppers	3 kg	£24.00
Orange stuffed Olives Large green Queen Olives stuffed with Orange	3 kg	£26.00
Lemon stuffed Olives Large green Queen Olives stuffed with Lemon	3 kg	£26.00
Anchovy Stuffed Olives Large green olives stuffed with real anchovy fillets	3 kg	£26.00
Sun-Dried Tomato Stuffed Olives Green Queen Olives stuffed with sun-dried tomatoes	3 kg	£26.00
Green Queen Pitted Olives with Feta Queen olives pitted and stuffed with Feta	3 kg	£26.00
Jalapeno Stuffed Queen Olives Marinated stuffed Olives with Jalapeno Peppers	3 kg	£26.00



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Pestos & Mediterranean Vegetables

	size	price/tub
Basil Pesto Fresh basil, parmesan and pine nuts	2.8kg 1 kg	£47.00 £18.00
Rocket Pesto Fresh rocket, parmesan and pine nuts	2.8kg 1 kg	£47.00 £18.00
Grilled Red Pepper Pesto Grilled red pepper pesto, with a hint of chilli.	1 kg	£18.00
Artichoke Hearts marinated Artichoke hearts marinated with pimento parsley & garlic	3 kg	£37.00
Semi Dried Tomatoes (Sun-Blushed) Sweet young tomatoes with herbs and pecorino	3 kg	£42.00
Pomodoretto Semi Dried Tomatoes The same sweet young tomatoes & herbs without the pecorino	3kg	£35.00
Baby Cornichon Baby gherkins in a spicy marinade	3 kg	£18.00
Gherkins medium size Plain Gherkins in vinegar	2 kg	£15.00
Mediterranean Vegetable Mix Olives tomatoes gherkins artichokes & mushrooms	3 kg	£32.00
Sweet Chilli Garlic Garlic cloves with a chilli marinade	3 kg	£20.00
Grilled Peppers Red and yellow peppers grilled and marinated	2.8 kg 1 kg	£32.00 £12.50
Cocktail di Funghi Marinated mixed mushrooms	3kg 1 kg	£30.00 £11.00
Green Peppers stuffed with Feta	1 kg	£12.00
Red Peppers stuffed with Feta	1kg	£12.00
Onions marinated in Balsamic Vinegar	2kg	£24.00

Seafood Products

	size	price/tub
Anchovy Fillets marinated in Olive Oil	1kg	£18.00
Seafood Cocktail Mix	1kg	£16.00
Sardines Rolled around an Olive	1kg	£18.00
Chilli Peppers with Tuna & Capers	1kg	£15.50



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Fresh Cocktail Olives	size	price/tub
Casablanca Olives green & purple olives with chilli, garlic & cumin	5 kg	£41.50
Olympia Olives diced feta, pitted kalamata, queen green with basil & sun-dried tomatoes	2.5kg	£31.00
Etna Olives Green cracked olives in oil, garlic & chilli marinade	5kg	£41.50
Rustica Olives kalamata olives in oil, chilli & pepper marinade	5kg	£41.50
Cocktail Olives gaeta queen & manzanilla olives with red peppers garlic and bay	3kg	£23.00
Fresh Olive Co House Mix delicious, continuously changing mix	3kg	£18.50
Fresh Pitted Olives	size	price/tub
Black Pitted Olives in Herbs de Provence naturally ripened black olives from Marrakesh	3kg	£18.50
Green Pitted Olives in Herbs de Provence from Marrakesh, marinated with Bay, Rosemary and Thyme	3kg	£15.50
Harlequin Olives large green and purple olives with herbs	2.5kg	£27.00
Martini Olives Pitted large pitted queen green olives	2.5kg	£22.00
Queen Green whole Olives very large whole green olives	5kg	£38.00
Vinci Olives large pitted green olives with mushrooms, peppers & garlic	2.5kg	£22.00
Coquilles Niçoises Pitted & Whole small purple olives from Andalucia, Spain	5kg	£40.00
Spanish Bar Mix purple and green olives with peppers	3kg	£22.50
Green Pistou purple and green olives with garlic & basil	3kg	£22.50
Hot Chilli purple and green olives with herbs and chilli	3kg	£22.50



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Fresh Hand-Stuffed Olives

Garlic Stuffed Olives

large green olives hand stuffed with whole garlic cloves

3kg £31.00

Sun-Dried Tomato Olives

large green olives stuffed with pieces of sun-dried tomato in oil

3kg £35.00

Almond Stuffed Olives

large green olives hand stuffed with whole almonds

3kg £31.00

French Varietal Olives

Picholines du Gard

young, crisp, freshly harvested green olives

(seasonally available)

5kg £62.00

Petit Lucques

Finest freshly harvested green olives from Carcassonne

(seasonally available)

5kg £65.00

Fresh Olive Company Antipasti

Semi-Dried Tomatoes in Oil

1kg £15.50

Poponcini Peppers

2.85kg £18.50

Peppas Feta Stuffed Peppadew Peppers

2kg £27.00

Red Chilli Peppers Stuffed with Feta & Herbs

1.2kg £20.00

Green Chilli Peppers Stuffed with Feta & Herbs

1.2kg £20.00

Artichoke Hearts with Stalk

2kg £29.00

Artichoke Hearts in Halves no Stalk

2kg £28.00

Balsamic Onions

2kg £18.00

Sweet Garlic with Chilli

2kg £16.00

Sweet Garlic with Herbs

2kg £16.00

Rose Harissa

1kg £21.50

Smoked Chilli Jelly

1.4kg £19.50

Basil Pesto Premium with 24mth Reggiano

1kg £24.00

Nut Free Basil Pesto (Genovese Basil)

1kg £15.00

Tomato Pesto Nut Free

1kg £15.00

Black Olive Paste (Tapenade)

1kg £11.50



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Greek Specialities

size price unit

Baked Gigantes Beans

Giant broad beans in a tomato sauce

1 x tin 2kg £ 8.50

Dolmades

Traditional stuffed vine leaves

1 x tin 2kg £11.00

Aubergine Imam

Greek style marinated Aubergine

1 x tin 1.25kg £ 8.50

Greek Olive Oil

size price/unit

Pathos Extra Virgin Olive Oil

Greek single estate EVO

500ml £ 3.95

Elaioladiki Extra Virgin Olive Oil

Organicly Farmed single estate EVO

500ml £ 7.50

Greek Extra Virgin Olive Oil

Olive Oil in 5 litre containers

5 litre £21.00

Greek Pomace Oil

Less expensive non blended cooking Oil

5 Litre £18.00

Retail Packs in Sleeves for Fridge display

Olives

size price/tub

Bosciaola Large Green pitted Olives

200g £2.85

Olive retail packs 8 x 200gms per box

Black & Green marinated mixed Olives

200g £2.85

Garlic Stuffed Olives Olives stuffed with whole garlic cloves

200g £2.95

Pestos & Mediterranean Vegetables

size price/tub

Fresh Basil Pesto

150g £3.25

pesto retail packs 6 x 150gms per box

Fresh Rocket Pesto

150g £3.25

Semi-Dried Tomatoes

200g £3.25

vegetable retail packs 8 x 200gms per box

Artichoke Hearts

200g £3.60

Grilled Red & Yellow Peppers

200g £3.25



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Parma and San Daniele whole Hams

size price/kg

Parma Ham Riserva

Seasoned for 400 days, boneless and vac packed

7kg £18.25

San Daniele Ham

Boneless ham vac packed

6kg £18.25

Salami whole

Soppressa Veneta Salami

Medium cut pure pork, with Garlic Cloves

3.5kg £15.65

Spianata Romana Salami

Flat thin course cut pure pork

2 kg £15.65

Felino Salami

Thin course cut pure pork

1 kg £16.65

Ventricina Piccante Salami

Course cut pure pork with paprika, very hot

3.5kg £15.65

Milano Salami Fine cut pure pork

2.5kg £15.65

Napoli Salami

Course cut, slightly smoked pure pork

2 kg £15.65

Finocchiona Salami

Medium cut pure pork with fennel seeds

3.5kg £15.65

Cacciatore

Medium cut pure pork, individual 200g salami

each £ 2.40

Bresaola Sottofesa Rotonda

Cured round shaped beef fillet and vac packed

1.8kg £27.00

Pancetta

Smoked and cured streaky belly of pork vac packed

3 kg £12.50

Pancetta Cubes

Diced smoked belly of pork, 2 x 100g packs

Per pack of 2 £ 2.85

Mortadelle

Pure pork with natural casing studded with pistachios

4kg £10.60

Pastrami

Cooked Beef coated with crushed peppercorns

2.5kg £13.00

Parma Ham & Salami pre-sliced

Parma Ham Riserva sliced

pre packed sliced 80g

80g £ 2.90

Napoli Salami sliced

pre-packed sliced 80g

80g £ 2.20

Milano Salami sliced

pre-packed sliced 80g

80g £ 2.20



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The Country Victualler Alderton Hams

size price/kg

Created by **Colonel Dickenson** in the small village of Alderton, **The Country Victualler** is the sole producer of the Colonel's recipe. The Ham is steamed & baked on the bone with an old-fashioned marmalade glaze to give a tangy edge to the ham's delicate taste.

Alderton Ham "On the bone"	average weight each ham	5 – 7kg	£14.00
	also available in halves	Half Hams	£12.50

Alderton Ham "Boneless"	whole hams 4.5 – 6kg per half. Hams are also available in halves	Whole Hams	£14.00
		Half Hams	£14.60

The Victualler's Orange and Stout Ham

This ham is boned, rolled & soaked in stout & marmalade before cooking. Available either whole or half, average whole weight is 4 – 5.5kg

Whole Hams	£14.00
Half Hams	£14.60

The Country Victualler Pates & Terrines

sizes 1800g 900g

Chicken Liver & Brandy

A smooth Pate well seasoned with thyme, garlic & brandy (no pork)

£20.50 £11.50

Pheasant Terrine

Wild Pheasants cooked in port & marinated with juniper berries

£20.50 £11.50

Venison Pate

Lean venison with chicken livers & red wine for a course game pate

£20.50 £11.50

Pate de Canard

A smooth duck liver pate

£20.50 £11.50

Terrine de Campagne

A course pork pate, with fresh pork & liver seasoned with nutmeg

£20.50 £11.50

Wild Boar with Juniper Berries

A subtle gamey taste distinctly delicious wild boar flavour

£20.50 £11.50

Italian Cooked Hams

size price/kg

Arrosto Erbe

Grilled and then roasted ham, in halves with oregano & thyme

3 kg £15.00

Porchetta al Forno

Roast Pork stuffed with oregano and rosemary

4.5kg £15.00



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Italian Cheese

	size	price/kg
Parmesan Reggiano 24mth Aged for a minimum of 24 months. In 1/8ths	5 kg	£16.80
Parmesan Reggiano 14 – 17mth Aged for 14 – 17 months cut in sixteenths	2.5 kg	£15.50
Primula Verde Gorgonzola Naturally fermented soft tangy blue cheese	1.5kg	£10.50
Tallegio A soft mountain cheese	2.3kg	£14.50
Mascarpone In re-sealable tubs	250g	£ 2.40
Ricotta In re-sealable tubs	250g	£ 1.40
Buffalo Mozzarella The best of Mozzarella 16 x 150g, pre-packs	150g	£ 2.40

Products from Spain

	size	price/kg
Trevez Iberico Leg of Ham on the bone Cured for 14mths the Bentley of Iberico Ham	5.5kg	£18.50
Alpujarra Trevez half ham Traditional Trevez Iberico cured half ham boneless	2/3 kg	£24.00
Bellota Slicing Chorizo Picante Chorizo for slicing in 500gm packs	500g	£22.50
Bellota Slicing Salsichon Spanish for salami no paprika	500g	£22.50
Chorizo fresh cooking sausage Individual cooking chorizo sausage Cocktail Pack	200g	£ 2.70
Six Larger cooking chorizo sausage pack	215g	£ 2.70

Spanish Cheese & Quince Paste

	size	price/kg
Manchego (Queso) 6 months cured Lovely young creamy variation of Gran Reserva 9mth	3kg	£17.90
Membrillo Quince Jelly One tub of 1.5kg	1.5kg	£15.00



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Garofalo Dried Pasta

size price

“Garofalo Pasta” is the best of Italian cuisine, using genuine ingredients the pasta is slowly worked with bronze draw plates, followed by a slow drying process which gives it that typical roughness needed to absorb the sauce.

Garofalo Spaghetti	24 x 500g	£27.00
Garofalo Linguini	24 x 500g	£27.00
Garofalo Tagiatelle	12 x 500g	£27.00
Garofalo Pappardelle	12 x 500g	£27.00
Garofalo Lumaca Rigate shell shaped pasta	16 x 500g	£24.00
Garofalo Lumachine tiny tiny shell shaped pasta	16 x 500g	£24.00
Garofalo Fusilli pasta spirals shape	16 x 500g	£24.00
Garofalo Farfalle bow shaped pasta	16 x 500g	£24.00
Garofalo Penne Rigate	16 x 500g	£24.00
Garofalo Elicoidali macaroni shaped pasta	16 x 500g	£24.00
Garofalo Orecchiette pasta shaped ears	16 x 500g	£27.00
Garofalo Lasagne sheets of lasagne with crinkled edges	12 x 500g	£27.00

Olives et Al LapSnacks & LapNuts

size price/box

Chilli Puffs	The Original the Best	20 x 150g	£27.00
Habas Fritas	Fried Broad-Beans once tried never forgotten	20 x 150g	£27.00
Habas Mojado	The Spicy version of the Classic	20 x 150g	£27.00
Sesame Nuts	these nuts attract Vat which is included in the price	20 x 200g	£31.05
Harissa Nuts	these nuts attract Vat which is included in the price	30 x 100g	£37.95
Siena Nuts	these nuts attract Vat which is included in the price	30 x 100g	£27.60



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Terms and Conditions of Trading

1. All goods are supplied cash on delivery, unless credit facilities have been agreed.
2. Accounts are due for payment the following week after delivery
3. Goods sold by weight are invoiced at the price per kilo. The goods must be thoroughly checked on arrival and a clear signature given. Any shortage or breakage must be specified on the receiving note.
4. Claims regarding the quality or condition of goods shall not be accepted unless made within 24 hours of delivery verbally, followed by written notification. All such goods must be returned to us or made available for inspection.
5. All goods listed are warranted by us to comply with the Food Safety Act 1990 and with all relevant UK food regulations.
6. Pitted Olives cannot be guaranteed 100% stone free.
7. Please ensure products are stored at the correct temperature to maintain optimum conditions to maximise shelf life.